

ASTLEY & TYLDESLEY CYCLING CLUB – CYCLE SPEEDWAY RISK ASSESSMENT
COVID-19 SUPPLEMENT – TRAINING SESSIONS

	Description of the Risk	Who is at Risk			Level of Risk			Controls to reduce the Risk
		C	O	P	H	M	L	
		C = Competitor / O = Organisers or Volunteer / P = General Public						H = High / M = Medium / L = Low
Registration	Registration for Club Training Sessions	•	•		•			Riders must pre-book with Club Secretary at least 2 days before the event, if numbers are restricted.
	Payment for Club Training Sessions	•	•		•			No cash or cheque transactions. Members who pay weekly subscriptions must do so by BACS transfer. No payment required by riders who have paid their annual membership fee.
Car Parking	Not adhering to social distancing, whilst parking up, loading and unloading bikes	•	•	•		•		All persons must adhere to social distancing at all times, keeping at least 2 metres away from other people.
Hazards on the track	Not adhering to social distancing, getting too close to other riders	•			•			Riders must adhere to social distancing at all times, keeping 2 metres or 2 bikes lengths away from other riders.
	Riding over plastic markers or moving out of lane	•			•			For activities where riders are in lanes, they must remain in their lane at all times, keeping 2 metres or 2 bikes lengths away from other riders.
Officials & Marshals	Coach not Social Distancing or wearing Personal Protective Equipment (PPE)		•		•			Coach to Social Distance or wear a face mask and/or visor.
First Aid Provision	First Aider not wearing Personal Protective Equipment (PPE)		•		•			First Aider to wear a face mask and/or visor and thin rubber gloves. An apron may be required in extreme circumstances.
	Insecure location to administer first aid	•	•	•	•			First Aider only to have access to the Catering Cabin, should running water be required for treatment purposes.
	Contamination whilst administering first aid	•	•	•	•			Wash and disinfect any areas that have been in contact whilst administering first aid (e.g. table tops, chairs).
Access	Not adhering to social distancing	•	•	•	•			All persons must adhere to social distancing at all times, keeping at least 2 metres away from other people.
	Contamination whilst accessing and egressing the site	•	•	•	•			Wash and disinfect fence top rails, locks and handles on gates and doors.
Toilet & Changing Facilities	Contamination whilst using toilets	•	•	•	•			Club members to use toilets in the Miners' Welfare Club main building. Display Membership card and sign in at entrance. Follow one way system in operation in the club. Wash hands using hand sanitiser provided and dry hands using hand dryer. Guests to use toilets in the downstairs changing room, facing the Bowling Green.
	Contamination whilst using changing rooms	•			•			Close and lock changing rooms at all times during the Pandemic. Not to be used. Riders to change at home or in their own vehicles before and after training.
Hygiene	Contamination of hands	•	•	•	•			Provide hand sanitisers at entrance/exit gate , officials' cabin, pits area, first aid point. Encourage riders, officials and spectators to bring their own hand sanitisers
Catering	Contamination whilst using kitchen and cafe area of Catering Cabin	•	•	•	•			Close and lock Catering Cabin. Not to be used at training nights. Riders to bring their own drinks and refreshments for training. Riders to dispose their own litter responsibly.
Structures	Contamination whilst using Club Cabins/ Buildings	•	•	•		•		Close and lock Cabins/Buildings at all times during the Pandemic. Not to be used.
	Contamination from using spectator seating			•		•		Lock site and do not use spectator seating that has been used during the session until the next event..
Equipment	Contamination from using club bikes	•			•			Wash and disinfect bikes that have been used during the session. Do not re-issue to anyone else that day.
	Contamination from using club helmets and gloves	•			•			Wash and disinfect helmets and gloves that have been used during the session. Do not re-issue to anyone else that day.
	Contamination from using club equipment (e.g. plastic markers, starting tape, stop watch, clipboard, pen, whistle)	•			•			Wash and disinfect club equipment that has been used during the session. Do not re-issue to anyone else that day.
Centre	Not adhering to social distancing, whilst riders are taking breaks on the centre green	•	•		•			Either provide a chair for each rider participating in the session to use, or mark out areas on the centre for each rider.