ASTLEY & TYLDESLEY Cycling Club

British Cycling Go-Ride Club of the Year 2017

JUNIOR SESSION ATTENDANCE REGISTER 2023

NAME / DATE	Sun. 12 Mar.	Tue. 14 Mar.	Tue. 21 Mar.	Tue. 28 Mar.	Tue. 4 Apr.	Tue. 11 Apr.	Tue. 18 Apr.	Tue. 25 Apr.	Tue. 2 May	Tue. 9 May
Brighouse, Charlotte										
Buck, Billy										
Davies, Lincoln										
Lawless, Alexander										
Lee, Evie										
McGee, William										
Rechembei, Elijah										
Smith, Thomas										
Smith, William										
Session Plan No.										
Nos. in Session										
Coach										
First Aider										
Accident Form ?										

ASTLEY & TYLDESLEY Cycling Club

Wigan Sports Club of the Year 2011, 2015 & 2018

INTERMEDIATE SESSION ATTENDANCE REGISTER 2023

NAME / DATE	Sun. 12 Mar.	Tue. 14 Mar.	Tue. 21 Mar.	Tue. 28 Mar.	Tue. 4 Apr.	Tue. 11 Apr.	Tue. 18 Apr.	Tue. 25 Apr.	Tue. 2 May	Tue. 9 May
Belt, Harriet										
Belt, Oscar										
Edwards, Levi										
Ellis, Caspar										
Gallagher, Mason										
Harrison-Jones, Amelia										
Pilkington, Josh										
Simcock, Owen										
Tumizghy, Nahom										
White, Frank										
Session Plan No.										
Nos. in Session										
Coach										
First Aider										
Accident Form ?										

ASTLEY & TYLDESLEY Cycling Club

North & Scotland Regional League Champions 2017, 2018, 2019, 2022

1ST TEAM SQUAD SESSION ATTENDANCE REGISTER 2023

NAME / DATE	Sun. 12 Mar.	Tue. 14 Mar.	Tue. 21 Mar.	Tue. 28 Mar.	Tue. 4 Apr.	Tue. 11 Apr.	Tue. 18 Apr.	Tue. 25 Apr.	Tue. 2 May	Tue. 9 May
Bacon, Pierce										
Burgess, Charlie										
Graham, Paul										
Harris, Steve										
Morrissey, Tom										
Norman, Terry										
Partington, Joel										
Whalley, Duncan										
White, John										
Session Plan No.										
Nos. in Session										
Coach										
First Aider										
Accident Form ?										

ASTLEY & TYLDESLEY Cycling Club

British Cycling Go-Ride Club of the Year 2017

TASTER SESSIONS ATTENDANCE REGISTER 2023

NAME / DATE										
Session Plan No.										
Nos. in Session										
Coach										
First Aider										
Accident Form ?										

ASTLEY & TYLDESLEY Cycling Club

British Cycling Go-Ride Club of the Year 2017
Wigan Sports Club of the Year 2011, 2015 & 2018
North & Scotland Regional League Champions 2017, 2018, 2019, 2022

TRAINING GROUPS FOR TUESDAY CLUB SESSIONS

JUNIOR (5.30 – 6.30 pm)	INTERMEDIATE (6.30 – 7.30 pm)	1st TEAM SQUAD (7.30 – 8.30 pm)
Fun activity sessions	*Techniques & tactics sessions*	*Fitness & speed sessions*
Brighouse, Charlotte	Belt, Harriet	Bacon, Pierce
Buck, Billy	Belt, Oscar	Burgess, Charlie
Davies, Lincoln	Edwards, Levi	Graham, Paul
Lawless, Alexander	Ellis, Caspar	Harris, Steve
Lee, Evie	Gallagher, Mason	Morrissey, Tom
McGee, William	Harrison-Jones, Amelia	Norman, Terry
Rechembei, Elijah	Pilkington, Josh	Partington, Joel
Smith, Thomas	Simcock, Owen	Whalley, Duncan
Smith, William	Tumizghy, Nahom	White, John
	White, Frank	

- This training groups list has been revised by the Club Coaches in February and will be reviewed and updated by the Committee on a bi-monthly basis.
- Riders are to participate in their allocated training group only, unless in a transition phase. This is in the interests of rider safety, to ensure that riders train in their appropriate group and is in the interests of fairness, to ensure that everyone gets equal access to training sessions.
- Newcomers will be allocated to a training group, as appropriate, by Committee members present.